

Press Release June 24<sup>th</sup> 2018

The Embracing Your Journey Expo presented by Purple Lotus Productions is the leading Holistic, Wellness and Metaphysical Event in Phoenix.

***The Embracing Your Journey Expo offers an opportunity for alternative thinkers to learn and discover something new in the comfort of an air conditioned setting that welcomes individuals and families.***

The next Embracing Your Journey Expo is Sunday June 24th 2017 9 am to 5 pm at Pointe Hilton Squaw Peak Resort 7677 N 16th St, Phoenix, AZ 85020 Convention Center.

Mind - Body - Spirit products, services and vendors are available at booths in the Anasazi Ballroom inside the Convention Center. People enjoy bringing family and friends to spend one of the longest days of the year at the expo and explore Summer Solstice. People study the vendor list and the lecture schedule to plan an entire day at the expo. 8 free lectures are included with admission to the expo. “Had a wonderful time as I did at the Jan. one, and these events have changed my life.(sounds dramatic but true!)” Expo Guest

The Embracing Your Journey Expo is a holistic, metaphysical and wellness event that was founded in 2015 and this is the 3rd Expo of 2018. “Guests will find a large selection of Holistic, Wellness and Metaphysical Products and Services all under one roof. This is the perfect place to gain insight, learn about new ways to improve your life, find resources to help you grow spiritually & emotionally, discover new and exciting products and services geared toward a healthy Mind - Body - Spirit and inspiration / motivation to continue on your journey.” says Robin Selby, a partner at Purple Lotus Productions, the producer of the Expos.

Over 60 vendors from Arizona and beyond are offering a variety of holistic and metaphysical products and services to the public. Many are offering mini sessions or special pricing on their products and services so people can try them out at the show. Explorers will find experts in The Bemer Technology, Thermal Imaging Screening, nutritionists, yoga, health coaches, energy healers, John of God crystal healing bed, Kinsiology, Reiki practitioners & psychics.

“These family friendly events are open to everyone. Whether new to this journey of Mind-Body-Spirit growth and discovery, are a long term traveler or just looking to see what is out there to be discovered,” said Erin McNamara, also with Purple Lotus

Productions. Several types of spiritual counselors will be available from animal communicators to angel card readers to psychic mediums.

Product offerings include supplements and vegan snacks, aura photos, essential oils, hemp and CBD products, all natural cosmetics and body care, Affirmation , unique fashion, jewelry, art, crystals and organite pieces.

Robin Selby, a partner at Purple Lotus Productions, says “The energy in the room is amazing! We have people who come and stay all day long.”

This June 24th event will focus on embracing Summer Solstice and Shining the Individual’s Light in the World. There will be free activities including a Meditation Corner.

All day admission is \$5 in advance and \$8 includes a selection of 8 free lectures designed to educate and inform. There are raffles winners drawn every hour and a free gift bag with samples and offerings for the first 100 attendees through the door. Kids 10 & under are free.

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The Embracing Your Journey Expos are produced by Purple Lotus Productions, a mother/daughter duo - Erin McNamara and Robin Selby. It was started in 2009 offering one service and has grown to become a "one stop shop" for all Mind - Body - Spirit needs. Find the Purple Lotus Productions booth at the Expo and offer a greeting.

Purple Lotus Productions is passionate about helping, supporting and encouraging while individuals are "Embracing Your Journey" of discovery, learning, growing, healing and change.

<http://www.embracingyourjourneyexpo.com/>

tickets: <https://www.eventbrite.com/e/embracing-your-journey-expo-june-24th-2018-tickets-45668836720>

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